



St. Andrew's

Episcopal Church

Morning Prayer

Wednesday, January 15th

Psalm 119:1-24

1 Happy are those whose way is blameless,
who walk in the law of the Lord.

**2 Happy are those who keep his decrees,
who seek him with their whole heart,**

3 who also do no wrong but walk in his ways.

**4 You have commanded your precepts to be
kept diligently.**

5 O that my ways may be steadfast in keeping
your statutes!

**6 Then I shall not be put to shame, having
my eyes fixed on all your commandments.**

7 I will praise you with an upright heart,
when I learn your righteous ordinances.

**8 I will observe your statutes; do not utterly
forsake me.**

9 How can young people keep their way
pure? By guarding it according to your word.

**10 With my whole heart I seek you; do not
let me stray from your commandments.**

11 I treasure your word in my heart, so that I
may not sin against you.

**12 Blessed are you, O Lord; teach me your
statutes.**

13 With my lips I declare all the ordinances
of your mouth.

**14 I delight in the way of your decrees as
much as in all riches.**

15 I will meditate on your precepts and fix
my eyes on your ways.

**16 I will delight in your statutes; I will not
forget your word.**

17 Deal bountifully with your servant, so that
I may live and observe your word.

**18 Open my eyes, so that I may behold won-
drous things out of your law.**

19 I live as an alien in the land; do not hide
your commandments from me.

**20 My soul is consumed with longing for
your ordinances at all times.**

21 You rebuke the insolent, accursed ones,
who wander from your commandments;

**22 take away from me their scorn and con-
tempt, for I have kept your decrees.**

23 Even though princes sit plotting against
me, your servant will meditate on your stat-
utes.

**24 Your decrees are my delight; they are my
counselors.**

A reading from the letter to the Ephesians
(2:1-10)

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ by grace you have been saved and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader: The Word of the Lord.

People: *Thanks be to God.*

A reading from the Gospel according to Mark
(1:29-45)

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed by demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do." And he went throughout all Galilee, proclaiming the message in their synagogues and casting out demons.

A man with a skin disease came to him begging him, and kneeling he said to him, "If you are willing, you can make me clean." Moved with pity, Jesus stretched out his hand and touched him and said to him, "I am willing. Be made clean!" Immediately the skin disease left him, and he was made clean. After sternly warning him he sent him away at once, saying to him, "See that you say nothing to anyone, but go, show yourself to the priest, and offer for your cleansing what Moses commanded as a testimony to them." But he went out and began to proclaim it freely and to spread the word, so that Jesus could no longer go into a town openly but stayed out in the country, and people came to him from every quarter.

Reader: The Word of the Lord.

People: *Thanks be to God.*