Morning Prayer

Wednesday, January 31st

Psalm 72

1 Give the king your justice, O God, and your righteousness to a king's son.

2 May he judge your people with righteousness and your poor with justice.

3 May the mountains yield prosperity for the people, and the hills, in righteousness.

4 May he defend the cause of the poor of the people, give deliverance to the needy, and crush the oppressor.

5 May he live while the sun endures and as long as the moon, throughout all generations.

6 May he be like rain that falls on the mown grass, like showers that water the earth.

7 In his days may righteousness flourish and peace abound, until the moon is no more.

8 May be have dominion from sea to sea

8 May he have dominion from sea to sea and from the River to the ends of the earth.

9 May his foes bow down before him, and his enemies lick the dust.

10 May the kings of Tarshish and of the isles render him tribute; may the kings of Sheba and Seba bring gifts.

11 May all kings fall down before him, all nations give him service.

12 For he delivers the needy when they call, the poor and those who have no helper.

13 He has pity on the weak and the needy and saves the lives of the needy.

14 From oppression and violence he redeems their life, and precious is their blood in his sight.

15 Long may he live! May gold of Sheba be given to him. May prayer be made for him continually and blessings invoked for him all day long.

16 May there be abundance of grain in the land; may it wave on the tops of the mountains, may its fruit be like Lebanon; and may people blossom in the cities like the grass of the field.

17 May his name endure forever, his fame continue as long as the sun. May all nations be blessed in him; may they pronounce him happy.

18 Blessed be the Lord, the God of Israel, who alone does wondrous things.

19 Blessed be his glorious name forever; may his glory fill the whole earth. Amen and Amen.

20 The prayers of David son of Jesse are ended.

A reading from the letter to the Hebrews (Hebrews 11:23-31)

By faith Moses was hidden by his parents for three months after his birth, because they saw that the child was beautiful, and they were not afraid of the king's edict. By faith Moses, when he was grown up, refused to be called a son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ to be greater wealth than the treasures of Egypt, for he was looking ahead to the reward. By faith he left Egypt, unafraid of the king's anger, for he persevered as though he saw him who is invisible. By faith he kept the Passover and the sprinkling of blood, so that the destroyer of the firstborn would not touch the firstborn of Israel. By faith the people passed through the Red Sea as if it were dry land, but when the Egyptians attempted to do so they were drowned. By faith the walls of Jericho fell after they had been encircled for seven days. By faith Rahab the prostitute did not perish with those who were disobedient, because she had received the spies in peace.

Reader: The Word of the Lord. **People:** Thanks be to God.

A reading from the Gospel of John

(John 6:52-59)

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day, for my flesh is true food, and my blood is true drink. Those who eat my flesh and drink my blood abide in me and I in them. Just as the living Father sent me and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which the ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in a synagogue at Capernaum.

Reader: The Word of the Lord. **People:** Thanks be to God.