

“A Stranger To No One”

Martha was born in 1925, a descendant of a pioneer family and of 1800s German immigrants.

Her first years were spent living on the bayfront in Mission Beach. At six years old the family relocated to a bungalow court at 28th and University due to her mother’s tuberculosis. Martha felt the move was a downgrade to her lifestyle, though she remained active through her childhood and youth. Her father set up a rope ladder so she could climb down from the second story of their house and she enjoyed bicycling and horseback riding with friends. In those days, the streetcar ran out University Avenue all the way to Euclid Avenue, where there were nearby stables, beyond that being open country where they could ride. She also loved music and played the French Horn in the San Diego High School orchestra.

She was allowed to stand no closer than the foot of her mother’s bed, due to her mother’s illness, and her mother died when Martha was sixteen. When she left San Diego to attend Stanford University, she was shy and withdrawn. She said that after having the first of her four children, she realized that she could do anything, and from that sprang her confidence and her outgoing personality.

She taught elementary school for twenty years in San Diego, at Benito Juarez and later at Thomas Edison Elementary School at 35th and Polk, about a mile from the bungalow court where she had lived as a girl. She finished her career there teaching English as a second language to newly immigrated children from Southeast Asia and Latin America. She liked being around people and was involved in a number of conservation and music organizations. She loved nature and camping in the mountains, desert, and at the beach. She was cheerful and enthusiastic and warm. She loved everyone, and everyone loved her. As a friend once said of her, she was “a stranger to no one.”

A Celebration of the Life of



Martha June Frost

June 19, 1925 - April 26, 2022



St. Andrew’s Episcopal Church

La Mesa, California
Saturday, June 25th

A service in thanksgiving for the Resurrection of our Lord Jesus Christ in remembrance of his faithful servant, Martha June Frost.



Today's Rite One service can be found in the Book Of Common Prayer (BCP) located in each pew.

Prelude: "Holy Art Thou"
Opening Hymn: #293, "I Sing A Song To The Saints Of God"
Opening: BCP page 469
The Collect: BCP page 469-470
Today's Readers: Robby Peckham and Cathy Salmon
First Reading: Lamentations 3:22-26,31-33
The Psalm: Psalm 23
The Epistle: 1 Corinthians 13
Gospel Hymn: #405, "All Things Bright And Beautiful"
The Gospel: John 5:24-25
Remembrances: Penelope Latta, Hannah delaCruz, and Richard Peckham
The Homily: The Reverend Ronnie Short

Anthem: "Let Heavenly Music Fill This Place" - The St. Andrew's Choir
Lord's Prayer: BCP page 336
The Prayers: BCP page 480-481
Commendation: BCP 482-483
Closing Hymn: #687, "A Mighty Fortress Is Our God"
Postlude: "Morning Has Broken"

Martha's family thanks you for the lifetime of kindness and love shown to her and for your presence today as we celebrate her life. You are invited to join the family in the Parish Hall after the service for refreshments.

**Eternal Rest grant unto her, O Lord
and let perpetual light shine upon her.
May she rest in peace.**



St. Andrew's
Episcopal Church

Celebrant: The Reverend Ronnie Short
Organist: Wayne Seppala.