



# St. Andrew's

Episcopal Church

## Morning Prayer

Wednesday, May 4th

### Psalm 38

1 O Lord, do not rebuke me in your anger, or discipline me in your wrath.

**2 For your arrows have sunk into me, and your hand has come down on me.**

3 There is no soundness in my flesh because of your indignation; there is no health in my bones because of my sin.

**4 For my iniquities have gone over my head; they weigh like a burden too heavy for me.**

5 My wounds grow foul and fester because of my foolishness;

**6 I am utterly bowed down and prostrate; all day long I go around mourning.**

7 For my loins are filled with burning, and there is no soundness in my flesh.

**8 I am utterly spent and crushed; I groan because of the tumult of my heart.**

9 O Lord, all my longing is known to you; my sighing is not hidden from you.

**10 My heart throbs, my strength fails me; as for the light of my eyes—it also has gone from me.**

11 My friends and companions stand aloof from my affliction, and my neighbors stand far off.

**12 Those who seek my life lay their snares; those who seek to hurt me speak of ruin, and meditate treachery all day long.**

13 But I am like the deaf, I do not hear; like the mute, who cannot speak.

**14 Truly, I am like one who does not hear, and in whose mouth is no retort.**

15 But it is for you, O Lord, that I wait; it is you, O Lord my God, who will answer.

**16 For I pray, “Only do not let them rejoice over me, those who boast against me when my foot slips.”**

17 For I am ready to fall, and my pain is ever with me.

**18 I confess my iniquity; I am sorry for my sin.**

19 Those who are my foes without cause are mighty, and many are those who hate me wrongfully.

**20 Those who render me evil for good are my adversaries because I follow after good.**

21 Do not forsake me, O Lord; O my God, do not be far from me;

**22 make haste to help me, O Lord, my salvation.**

**This is a reading from the Book of Exodus**  
*(Exodus 19:16-25)*

On the morning of the third day there was thunder and lightning, as well as a thick cloud on the mountain, and a blast of a trumpet so loud that all the people who were in the camp trembled. Moses brought the people out of the camp to meet God. They took their stand at the foot of the mountain. Now Mount Sinai was wrapped in smoke, because the Lord had descended upon it in fire; the smoke went up like the smoke of a kiln, while the whole mountain shook violently. As the blast of the trumpet grew louder and louder, Moses would speak and God would answer him in thunder. When the Lord descended upon Mount Sinai, to the top of the mountain, the Lord summoned Moses to the top of the mountain, and Moses went up. Then the Lord said to Moses, "Go down and warn the people not to break through to the Lord to look; otherwise many of them will perish. Even the priests who approach the Lord must consecrate themselves or the Lord will break out against them." Moses said to the Lord, "The people are not permitted to come up to Mount Sinai; for you yourself warned us, saying, 'Set limits around the mountain and keep it holy.'" The Lord said to him, "Go down, and come up bringing Aaron with you; but do not let either the priests or the people break through to come up to the Lord; otherwise he will break out against them." So Moses went down to the people and told them.

Reader: The Word of the Lord.

**People: Thanks be to God.**

**This is a reading from the Gospel of Matthew**  
*(Matthew 3:13-17)*

Then Jesus came from Galilee to John at the Jordan, to be baptized by him. John would have prevented him, saying, "I need to be baptized by you, and do you come to me?" But Jesus answered him, "Let it be so now; for it is proper for us in this way to fulfill all righteousness." Then he consented. And when Jesus had been baptized, just as he came up from the water, suddenly the heavens were opened to him and he saw the Spirit of God descending like a dove and alighting on him. And a voice from heaven said, "This is my Son, the Beloved, with whom I am well pleased."

Reader: The Word of the Lord.

**People: Thanks be to God.**